

I

AM

NEW

HERE...

This program “**I AM NEW HERE**” is a series of workshops designed for anyone, both youths and adults, who are new to a country/culture to:

- 1) Live – for adults/parents
- 2) Study – for junior and senior youth groups
- 3) Work – for currently employed and job seekers

Objective

Each workshop facilitates a fun and effective experience for participants to:

- learn more about themselves
- understand the reason why they are here
- identify their challenges
- learn how to equip themselves in a new environment
- plan for their next step

Goal

Our goal is to support participants to:

- build up self-confidence
- enjoy their new journey
- get ready for their next step
- strive towards success in the future

Final Meet Up

At the end of the program, all participants are invited to “**WE ARE NEW HERE**” workshop to share challenges, to celebrate success and to support each other in a new place we call it HOME.



Duration

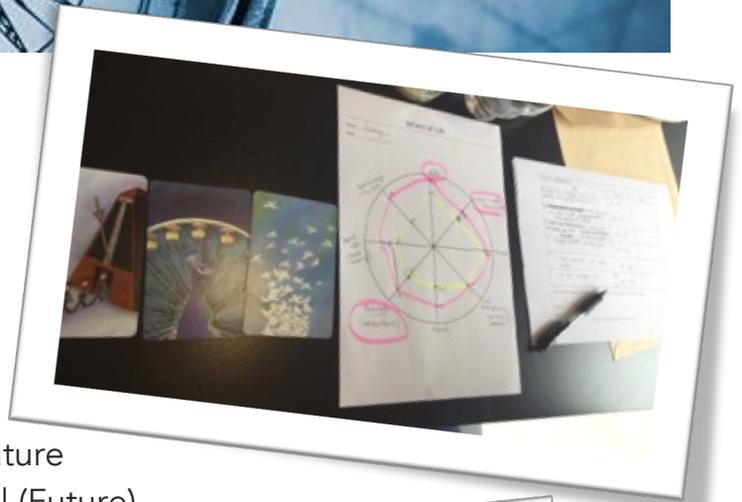
2 sessions; 3.5-hour workshop

Class size

Up to 5 participants

Workshop outline

- Self-reflection on Before/Now/Future
- Sharing of short- /long- term goal (Future)
- Wheel of Life (Now)
 - Current life map
 - "Ideal" life map
 - Reprioritize your focus
 - Action to regain balance
- Learning from your past (Before)
- Storytelling





Duration

2 sessions; 3.5-hour workshop

Target participants and class size

Junior youth group (age of 12-15); 4-6 participants

Senior youth group (age of 16+); 4-6 participants

Workshop style

LEGO® Serious Play® method

Workshop outline

- Understanding myself:
 - Who am I?
 - Why am I here?
- Knowing my current status:
 - What do I enjoy most in this new path?
 - How do I feel about it?
- Getting myself ready:
 - What is my challenge?
 - How do I feel about it?
 - How to overcome these challenges?
- Planning for my next step:
 - What do I need to support my study here?
 - What should I do next?
 - What is the result I want to see?



I AM NEW HERE

To work

Duration

2 sessions; 3.5-hour workshop

Target participants and class size

Currently employed or job seekers who:
(Up to 5 participants)

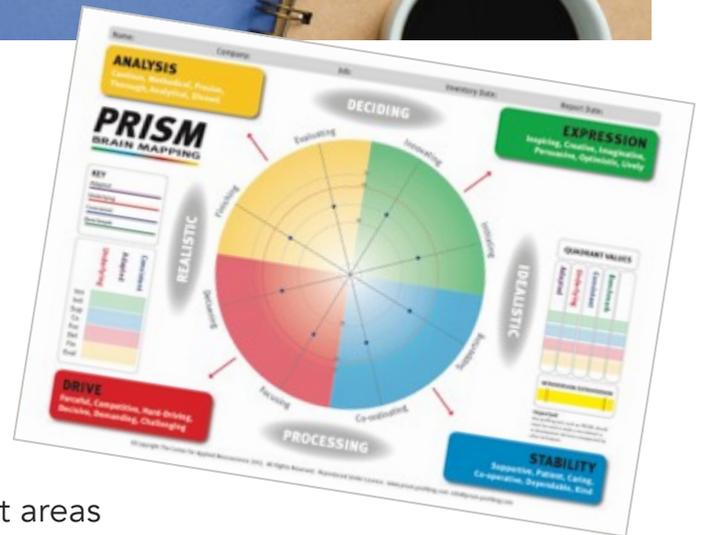
- want to understand his/her own true potential, strengths and development areas
- are responsible for developing their teams
- want to sharpen their skills and increase their confidence in managing people
- are in a transition period of their personal or career life

Workshop style

PRISM Brain Mapping assessment

Workshop outline

- Discover your true potentials and strengths
- Understand your preference on personal relationships and work environment
- Explore challenges at workplace
- Set goals to create more results
- Plan action to achieve goals



WE ARE NEW HERE

Meetup

Duration

3.5-hour workshop

Target participants and class size

All participants from "I AM NEW HERE" program

Workshop outline

- Sharing – challenges and success
- Offering – what we can support each other
- Circle of life:
 - family unit
 - community and friends
 - work and/or study
- How to make this place "my home"

